

What To Bring!

All Campers!

- Medical Release and Insurance Information. Due to the inherent risks of physical injury related to sports and camp activities, campers are required to provide a copy of a recent physical exam (not to be dated more than one year prior to the last date of camp) with physicians signature stating that the camper is physically able to participate in strenuous activity. You must also provide proof of medical insurance and a photocopy of the campers' insurance card.
- Camp participation waiver.
- Plenty of comfortable shorts and T-shirts
- Socks and playing shoes
- Knee pads!**
- Spending money (camp store, souvenirs, pizza, and concessions)

Overnight Campers!

- Linens, Blanket (sleeping bag), and pillow
- Towels, washcloth, soap and shampoo
- Personal toiletries and an alarmclock